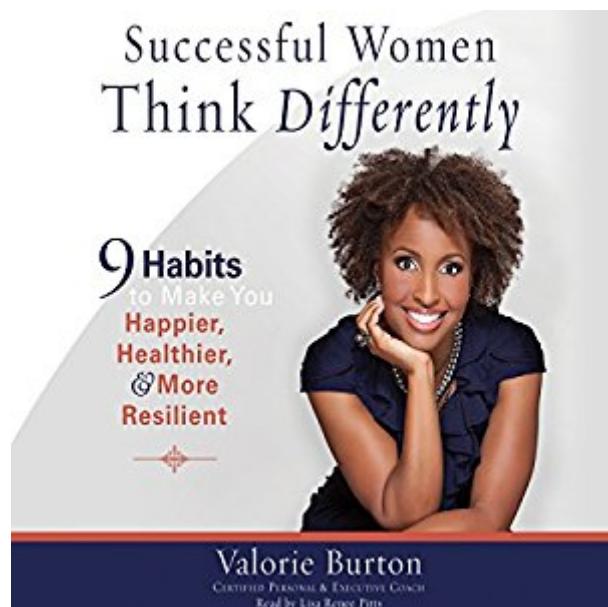


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# Successful Women Think Differently: 9 Habits To Make You Happier, Healthier, And More Resilient



## **Synopsis**

Popular author and professional certified coach Valorie Burton knows that successful women think differently. They make decisions differently. They set goals differently and bounce back from failure differently. Valorie is dedicated to help women create new thought processes that empower them to succeed in their relationships, finances, work, health, and spiritual life. With new, godly habits, women will discover how to: Focus on solutions, not problems Choose courage over fear Nurture intentional relationships Take consistent action in the direction of their dreams Build the muscle of self-control In this powerful and practical guide, Valorie provides a woman with insight into who she really is and gives her the tools, knowledge, and understanding to succeed.

## **Book Information**

Audible Audio Edition

Listening Length: 7 hours and 19 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: christianaudio.com

Audible.com Release Date: December 20, 2016

Whispersync for Voice: Ready

Language: English

ASIN: B01N2VPWVZ

Best Sellers Rank: #64 in Books > Christian Books & Bibles > Christian Living > Business & Professional Growth #169 in Books > Self-Help > Stress Management #236 in Books > Audible Audiobooks > Religion & Spirituality > Christianity

## **Customer Reviews**

I love this book! It's one that I read time and time again! Valorie hits the nail on the head and you can tell that she understands the inner workings of many women's minds! I ordered this for my Kindle app and it was a quick and easy read. I often capture bits and pieces when I am traveling from time to time. I find that she is really good at helping you tap into often negative and irrational thoughts and help you to rework them into thoughts that work better for you!

This book has a lot of great insights regarding things that we do without thinking. It also requires you to think about ways to change your mindset to not only be more successful but to feel better about who you are. Understanding why you do certain things and helping you to change those habits that

hold you back.

Reading this book as part of a book club and it's been a great read, so far. Love the exercises she has placed throughout the text to prompt you to actively think about what you're reading and how it specifically applies to your life.

I was born to be differnt; I've always known that. I'm glad to have a manual that speaks to my differnce ...I think according to willingness to work towards my future. This book is such a GREAT tool for girls who want to be successful women, and for women who need to navigate their way to success. Valorie hit the nail on the head with each point made.

The things that I take from this book is that successful women don't waste time with things that has no value for them or what they are attempting to accomplish. Successful women are always looking on the bright side of life and not on things they cannot control.

This book is helpful for all women to succeed beyond measure. It helps you with you everyday thinking and life long goals. I would recommend this book to any of my friends or family members, because anyone can benefit from it. I gave it a five star rating because I think it is truly that helpful. Thank you!

I need a self help book that gives me an answer to questions in all these years. Why do I feel helpless and timid no matter how much I've accomplished in my life? There are fantastic exercises to write down your thoughts to get a clear view on what's holding you back from truly succeeding in your life. It's important to remember the definition of happiness and success is unique to one person to the other. This book made me realize that. Everyone should read this book.

From the time I opened the book, my highlighter has been in hand along with a notebook and pen. Valorie's knowledge and heart for women truly reflects in this book. I've discovered some not good habits and thought processes about myself that I have already begun to work on changing. If you're serious about being succcrssful not just in business but life, then this is the book for you!

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